



Year 1					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>Taking Turns – It's Your Turn</u> take turns, rules, collaborative, share, appropriate sharing <u>Sharing – Share The Booty</u> responsibility, consider, need <u>Road Safety – Green X Code</u> responsibility, consider, needs, rules, road safety, awareness <u>Green Cross Code</u> <u>Friendship 1 – Friends Together</u> friends, relationship, peers, respect, similarities, differences <u>Family 1 – My Family</u> family, friends, care, recognise <u>Safe Zone – Copyright And Ownership</u> my work, save, filename, copy <u>Safe Zone – Self-Image and Identity</u> feelings, embarrassed, identity, myself	<u>Happiness – Smile!</u> positive, choices, happiness, manage, feelings recognise <u>Anger – Grrr!</u> behaviour, affect, influence, positive, negative <u>Love – Three Little Words</u> importance, love, recognise, deal, feelings, positive <u>Opinions – I Think</u> share, opinion, explain, view, listen, co-operatively <u>Co-operation – I Want To Play</u> importance, co-operatively, independently, role, group, collaborate, common goal <u>Setting Goals – When I Grow Up...</u> importance, co-operatively, independently, role, group, collaborate, common goal	<u>Healthy Eating 1 – Vote Green</u> choice, improve, health, well-being, healthy, eating <u>Healthy Eating 2 – Meat Eaters</u> protein, balanced, diet, healthy <u>Physical Activity 2 – Mighty Muscles</u> muscles, positive, choices <u>Physical Activity 3 – Get Physical!</u> physical activity, healthy, regular, benefit, health <u>Dental Hygiene 1 – Brushing Up!</u> dental, hygiene, effective, cleaning <u>Dental Hygiene 2 – Bright White</u> care, brushing, manage, personal hygiene <u>Safe Zone – Managing Information Online</u> search engine, risks, assessing	<u>Bullying – Ugly Duckling</u> bullies, bullying, behaviour, choices, name-calling, hurtful <u>Behaviour 1 – My Shoes</u> family, friends, care, behaviour, affect, positive, negative <u>Kindness – Give A Little</u> kind, unkind, behaviour, family, friends, positive, negative <u>Our School – Common Goals</u> role, community, contribute <u>Belonging – Join The Club</u> belonging, wider community <u>Safe Zone – Privacy And Security</u> private, privacy, password, security, information	<u>Caring – Talking To Plants</u> bullies, bullying, behaviour, choices, name-calling, hurtful <u>Fairness – It's Not Fair!</u> fair, unfair, discussion, recognise <u>Family 2 – Special People</u> identify, special, relationship <u>Staying Safe 1 – Secret Surprise</u> difference, secret, surprise, appropriate <u>Sun Safety – It's A Cover Up!</u> importance, safety, risk, manage	<u>Keeping Clean 2 – Bath Time!</u> importance, bathing, showering, basic, personal, hygiene <u>Similarities And Differences – Boys v Girls</u> respect, similarities, differences, process, growing, young, old <u>Changing Needs – I Need</u> change, need, grow, develop, physical, experience <u>Money 1 – Grows On Trees</u> money, notes, coins <u>Money 2 – Coining It In</u> role, money, society, work, choices, spend, want, need <u>Money 3 – Keep It Safe</u> money, safe

Year 2					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>Rules and Expectations 1- Class Charter</u>	<u>Comparisons- All The Same</u> friends, relationship, peers,	<u>Healthy Eating 3- What a Load of Junk!</u>	<u>Dental Hygiene 3- Top Teeth</u> healthy, lifestyle, dental,	<u>Local Citizenship 1- Our Local Area</u>	<u>Money 4- Shopping List</u> managing, carefully, afford,



rules, expectations, contribute, improve, common <u>Rules and Expectations 2- Who's At Fault?</u> responsibility, right, wrong, expectations <u>Friendship 2- Hola! Bonjour!</u> countries, languages, cross-cultural, similarities, differences <u>Friendship 3- Share Alike</u> sharing, friendship, kindness, right, wrong, unfair <u>Co-Operation 2- Let's Debate</u> sharing, friendship, kindness, right, wrong, unfair <u>Good Manners- How Rude!</u> conventions, courtesy, manners <u>Safe Zone- Self-Image and Identity</u> email, identity, myself, real life, online	respect, similarities, differences <u>Right and Wrong- In The Right</u> right, wrong, fair, unfair <u>Lending/Borrowing- The Borrowers</u> borrowing, responsibility <u>Aspirations- It's A Goal!</u> strengths, goals, long-term, short-term <u>Sadness- How to Cope</u> aware, sadness, coping, change, loss <u>Fire Safety- Escape Plan</u> fire, escape plan, safe place, fire risks <u>Safe Zone- Online Relationships</u> personal information, private, relationship, pen-pal	protein, balanced, diet, healthy <u>Healthy Eating 4- Party Time!</u> healthy eating, choices, positive, menu <u>Physical Activity 1- Workout!</u> physical activity, rest, balanced, healthy, lifestyle, choices, positive <u>Sleep- Nighty Night</u> sleep, relax, bedtime routine, grow, repair <u>Keeping Healthy- Give It A Boost</u> injection, vaccination, syringe, medicine, disease <u>Drug Safety- Magic Medicine</u> medicine, safety, substance, harm, help <u>Safe Zone- Online Reputation</u> reputation, responsibility	hygiene, health, wellbeing, healthy eating, choices, improve <u>Keeping Clean 1- Meet Grub</u> eradicate, germs, spread, disease, infection <u>Teasing- That's Mean</u> teasing, name-calling, one off, persistent <u>Behaviour 2- Help Me!</u> affected, bullying, care, teasing, wrong, deal, adult, necessary <u>Staying safe 2- I Don't Know You</u> respond, safe, appropriate, encounter, online, context <u>Safe Zone- Online Bullying</u> messaging, cyber-bullying, unkind, online, real life	local, community, role, local environment, rules, improve, common goal <u>Local Citizenship 2- Community Centre</u> relationships, local community, shared responsibility, communities <u>Emotions- Mood Swings</u> feelings, emotions, manage, positive, recognize <u>Emergency Calls- 999</u> emergency, 999, call, responder, fire service, ambulance, police <u>Safe Zone- Managing Information Online</u> research, search engine, analyse, accurate <u>Safe Zone- Copyright and Ownership</u> copy, idea, 'magpie', copyright, my own work	items, want, buy <u>Choices- This Or That</u> choices, spending, wisely <u>Enterprise- Dragon's Den</u> enterprise, contribute <u>Human Body- Body Bits</u> penis, vulva, body, private, PANTS, same, different <u>Safe Zone- Privacy and Security</u> password, key, unique, permission
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Year 3

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>Clear Messages – Dot, Dot, Dash</u> communicate, clearly <u>Listening And Responding – I Hear You</u> recall, supportive, listening, respond	<u>Balanced Approach – Define: Healthy</u> healthy, lifestyle <u>Physical Exercise – Active Kids</u> recommended, guidelines, physical	<u>Connections – Paper Chains</u> connected, similarities, recognise, respect <u>Family Links – Family Tree</u> family unit, differ, empathise, viewpoint	<u>Loss/Separation – Lost!</u> reflect, empathise, viewpoint <u>Loss/Separation – Found!</u> reflect, respond, views, feelings <u>Reactions – Frustration!</u>	<u>Before Puberty – You've Grown</u> rate, grow, differ, awareness, change <u>Keeping Clean – Squeaky Clean</u> hygiene, sweat, hair, skin, hormones, oil, deodorant	<u>Sun Safety – Too Hot</u> heat stroke, heat exhaustion, dizzy, sweating <u>Beach Safety – Follow the Flags</u> swim, surf, lifeguard, beach



<u>Friendship 1 – Best Features</u> features, positive, relationships <u>Friendship 2 – Circle Times</u> communicate, opinions, co-operatively, fairness, consideration <u>Friendship 3 – Falling out</u> friendships, repair, strengthen, resort, violence, boundaries, appropriate, peers, digital <u>Safe Zone – Self Image add Identity</u> avatar, identity, private	<u>Lifestyle Choices – It's Your Choice</u> responsibility, actions, balance, physical, nutrition, achieve, mental, healthy lifestyle <u>Balanced Diet 1 – Plant or Animal</u> balanced diet, ingredients, protein, carbohydrate, dairy, fats <u>Balanced Diet 2 – Balancing Act</u> function, balanced diet, nutrition, vitamins Sleep – Sweet Dreams sufficient, health, affect, mood, ability <u>Safe Zone – Online Relationships</u> communicate, learning platform, online, real world <u>Safe Zone – Online Bullying</u> online cyber-bullying, persistence, comments, apps	<u>Self Respect – Let's R.O.C.K</u> self-respect, happiness Identified Strengths 1 – I'm Good at That strengths and weaknesses <u>Identified Strengths 1 – Future Me</u> realistic, targets, self-assess, future <u>Safe Zone – Online Reputation/Managing Information</u> personal information, sharing, private, digital footprint, stored data	isolated, hostile, incidents, bullying, attitude, behaviour, peer pressure, choice, bullying <u>Self Worth – I'm a Marvel</u> self-esteem, peer-pressure, opinion <u>Safe Zone – Health, Wellbeing and Lifestyle</u> online presence, offline, online, hobbies, online access <u>Safe Zone – Privacy and Security</u> passwords, location settings, personal information, memorable information	<u>Illness Prevention - Aaachooo!</u> cough, sneeze, illness, common cold <u>Religious Views – Faith Findings</u> appreciate, cultures, religions, tolerance, faiths, beliefs <u>Rules – I'm In Charge</u> rules, situation, change <u>Safe Zone – Copyright and Ownership</u> copyright, ownership, sharing, content	<u>Thinking Ahead – Lesson Planning</u> consequences, actions, result <u>Taking The Lead – Learning Time</u> behave, responsibly, consequences, actions <u>Working Together 1 – Name Game</u> co-operatively, fairness, consideration <u>Working Together 2 – Build It Up</u> collaboratively, prioritise, independent, goals <u>Shared Goals – Better Places</u> identify, improve, environment, problem, dealing
Year 4					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>Expressing Opinions – It's Debatable</u> communicate, opinions, consideration, views	<u>Working With Food 1 – Master Chef</u> menu, balanced, savoury, sweet	<u>Persistence and Resilience – Don't Give Up!</u> resilience, persistence, character, traits	<u>Family Changes – Two Homes</u> family units, change <u>Religious Views 2 – Inside Outside</u> appreciate, cultures, religions, tolerance, faiths,	<u>Money Choices – A Million Dollars</u> reflect, spending, habits, choices, finances, financial, management	<u>First Aid – Home Hospital</u> First aid, cuts, bruise, minor burn, nosebleed <u>Drug Safety – My Medicine</u>



<u>Privacy – The Secrets Jar</u> responsible, choices, consider, consequences <u>Friendship 4 – The BAFAs</u> characteristics, mutual, respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing, interests, experiences, support, difficulties, relationships <u>Boundaries – Don't Push It</u> boundary, close friend, best friend, family member, personal space <u>Trusting Strangers – Safe Strangers</u> stranger, police, paramedic, teacher, doctor <u>Safe Zone - Online Relationships</u> downtime, behaviour, online hobbies, online relationships, positive, negative	<u>Working With Food 2 – Picnic Preparations</u> prepare, cook, dishes, co-operatively, fairness, consideration <u>Physical, Emotional and Mental 1 – I Am Who I Am</u> physical, emotional, mental <u>Physical, Emotional and Mental 2 – Hearts and Minds</u> self-aware, feelings, emotions, tension, physical, emotional <u>Feelings 1 – Overreacting</u> judge, feeling, behaving, appropriate, proportionate <u>Feelings 2 – Left Out</u> isolated, lonely, strategies, friends <u>Safe Zone - Health, Wellbeing and Lifestyle</u> downtime, screentime, screen free, scrolling, positive and negative distractions	<u>Negative Persistence – Over And Over</u> resilience, persistence, character, traits <u>Setting Goals 1 – That's My Goal</u> achieve, goal <u>Setting Goals 2 – The Impossible Dream</u> identity, strengths, weakness, improve, skills, reflect <u>Safe Zone - Online Reputation/Managing Information Online</u> fake information, validity, check, research, true, false, relevance, fact check	beliefs <u>Gender Stereotypes – His And Hers</u> discrimination, stereotype, gender, challenge <u>Racial Discrimination – Coming To England</u> race, discriminate, stereotype, immigrant, migration <u>Safe Zone - Self-Image and Identity</u> identity, anonymous, avatar, online identity, real-life, privacy	<u>Spending – Ping!</u> contactless, phone wallet, digital payment, money <u>Money 1 – It's A Gamble</u> gamble, bet, win, lose, money management, choices, games <u>Managing Money 2 – Design Choices</u> reflect, spending, habits, choices, finances, financial, management <u>Different Communities – My Community</u> <u>School Communities –</u> community, contribute <u>School Swap</u> community, cultures, awareness <u>Safe Zone - Copyright and Ownership</u> sources, copyright, ownership, content, sharing	pharmacist, prescription, over the counter medicine, drug, safety <u>Changing Bodies – Everyone Changes</u> growing, puberty, physical changes, hormones, periods <u>Menstrual Cycle – Every Month</u> menstruation, periods, cycle, sanitary products, tampon, pad <u>Safe Zone - Privacy and Security</u> consent, privacy, data, age limit, permissions, information, digital age
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