



Knypersley News Learning Together, Learning for Life

11th March 2022

Diary Dates

11th, 18th, 25th March

Reception Forest School

14th to 16th March 2022

Standon Bowers

16th March 2022—5.30pm

Year 2 SATS Meeting

17th March 2022—5.30pm

Year 1 Phonics Meeting

18th March 2022

Red Nose Day

22nd March 2022

Daffodil Service—Year 4 parents to attend-More details to follow

Year 3 Maths Workshop—5.30pm

24th March 2022

PTFA Family Quiz Night

1st April 2022

Reception Forest School

4th April 2022

Reception Parental Engagement Forest School

5th April 2022

EYFS Easter Bonnet Parade

6th April 2022

Spring Term Reports coming home

25th April 2022

Reception Height and Weight Measurement

27th April 2022

Tempest in School for Class Photographs

Week Commencing 3rd May

Year 2 SATs through-out this month

27th May 2022

School Closes for May Half Term

We have had another fantastic week at Knypersley! Clubs are back up and running and have been really well attended. A huge thank you to all our staff for providing a wealth of extra curricular activities for our children.





This week we have celebrated with six special guests of honour from across the CFLP who have received their Long Service Awards for 25 years of dedicated and loyal service. Our very own Mrs Beckett received an award, having dedicated all of her 25 years service to our wonderful children here at Knypersley-what a fantastic achievement! Congratulations to you all from your CFLP colleagues and school communities.

We hope you all have a fabulous weekend, Mrs Rourke, Mrs Egerton and all of Team Knypersley xx



<u>Attendance</u>			
Busy Bees	97.5%	Class 5	91.7%
Caterpillars	94.8%	Class 6	96.3%
Class 2	98.3%	Class 7	97.5%
Class 3	96.7%	Class 8	99.1%
Class 4	97.9%	Class 9	92.2%

Congratulations to Class 8 who have achieved 99.1% attendance for the week!

Week Commencing 28th February 2022

School target — 96.5%

Red Nose Day 2022

At Knypersley, we are looking forward to making a difference by celebrating Red Nose Day' 2022. We would like all the children to wear something red or dress as a superhero (this could be a made up hero or someone your child



is inspired by). As the theme is 'funny is power' we would LOVE for your child to come ready to share their best joke so that we can 'have a laugh in class!'

If you would like to make a donation (no matter how big or small) to this fantastic cause, then please do so at:

https://www.justgiving.com/fundraising/rednoseday22-knypersley-first

Thank you so much—we can't wait to see you in your outfits/costumes on Friday 18th March!

Celebrate Good Times!

Achiever of the Week

Busy Bees	Jasmine Jones
Caterpillars	Eliza Riley
Class 2	Charlotte Gregory
Class 3	Lily Keily
Class 4	Noah Taylor
Class 5	Ben Matthew
Class 6	Poppy Giles
Class 7	Amelia Jacques
Class 8	Maya Velez-Colby
Class 9	William Spencer



Knypersley Rockstars

This week Rockstars share and take turns!

Thank you so much for making Knypersley the best place to be!

Nursery Ellemi Hughes & Harlan

Jackson-Ward

Busy Bees Oliver Tarry Caterpillars Mason Munro Class 2 Joshua Bolton

Class 3 **Esmay Rushton**

Class 4 Cory Wyle Class 5 Sam Bloor

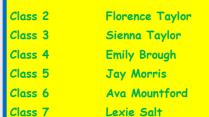
Class 6 Hermione Lancaster-Cole

Cherish Dickenson

Class 7 Class 8 Oliver Adams

Class 9 Kian Lally

Author of the Week





Class 8 Kai Pryor Class 9 **Evie Pointon**

We will be on Week 3 of the dinner

menu next week.

Dates for Your Diary

We are looking forward to seeing you at our upcoming information evenings.

Year 2 Parents-

16th March—Year 2 SATs meeting—5.30pm

Year 1 Parents-

17th March—Year 1 Phonics meeting—5.30pm A letter will come home soon with more details.



Please could you check your ParentPay accounts and make sure any outstanding amounts are cleared on a regular basis.

This is for school meals, kidszone and any school trips. Thank you





House Points

Congratulations to Earth

174 Water 270

Air 158 Earth 177

Keep up the good work everyone!



During the week beginning 21st March we will be selling Mother's Day gifts in school for the children to purchase if they

would like to. All gifts will be priced at £2. Please send your child's money in a sealed envelope with their name on.



On Thursday, 24th March we will be hosting a Family Quiz Night at school from 5.45-7pm. Tickets will be priced at £3 per family, with a prize for the winning team. Tables are limited, so please send your money in a sealed envelope, labelled with your team name and how many players are in your team ASAP. Refreshments will be available to purchase on the

night.

Reception Forest School Parent Engagement

We would like to inform that our Parent Engagement session for our Reception classes has now changed from Thursday, 7th April to Monday, 4th April in the morning.

Further details will follow closer to the time.



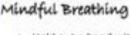




Mindfulness for Children & Families

Seeing Eye

As a family, spend one or two minutes looking around the room, in silence. The aim is to notice things you have never seen before, this could be a detail on a picture, a chipped plate, a cool pattern on the wall. After the time is up, all share what the most interesting thing you noticed was.



- Hold out a hand with your fingers apart (like a star).
- Using a finger on your other hand, slowly trace around your fingers.
- As you trace up your finger, take a slow and deep breath in for 4 seconds.
- As you trace back down a finger, slowly breathe out for 4 seconds.
- · Repeat for your whole hand.



Mindful eating

While you are eating a meal together, think about all the small details about your senses. Get each person to say one thing they notice about the food. This could be how it smells, what it tastes like, how does it feel on your tongue, does it remind you of anything, do you feel any emotions? Eating mindfully helps with noticing how your body changes.





Muscle Relaxation

This activity is great for relaxing the body, especially useful in times of worry or just before bed.

Close your eyes and imagine you are trying to pick up a pencil with your feet, curl your toes and squeeze your feet tightly. Squeeze for 5 seconds before releasing. Notice & name how your feet feel as you squeeze and relax. Next, tense your legs. Pretend you are standing on your tip toes and trying to balance. Squeeze your legs for 5 seconds and release. Again notice the feelings as you go. Moving up to your hands, pretend you are holding an orange in each hand. Squeeze your hands tightly together as if you are trying to get all the juice out of the oranges. Squeeze for 5 seconds then release, noticing the difference in how your arms & hands feel. Pretend that a ladybug has landed on your nose, you want to get it off but can't use your hands. Scrunch up your face & wiggle your nose trying it off. Get scrunching for 5 seconds before it flies away and you can relax.

