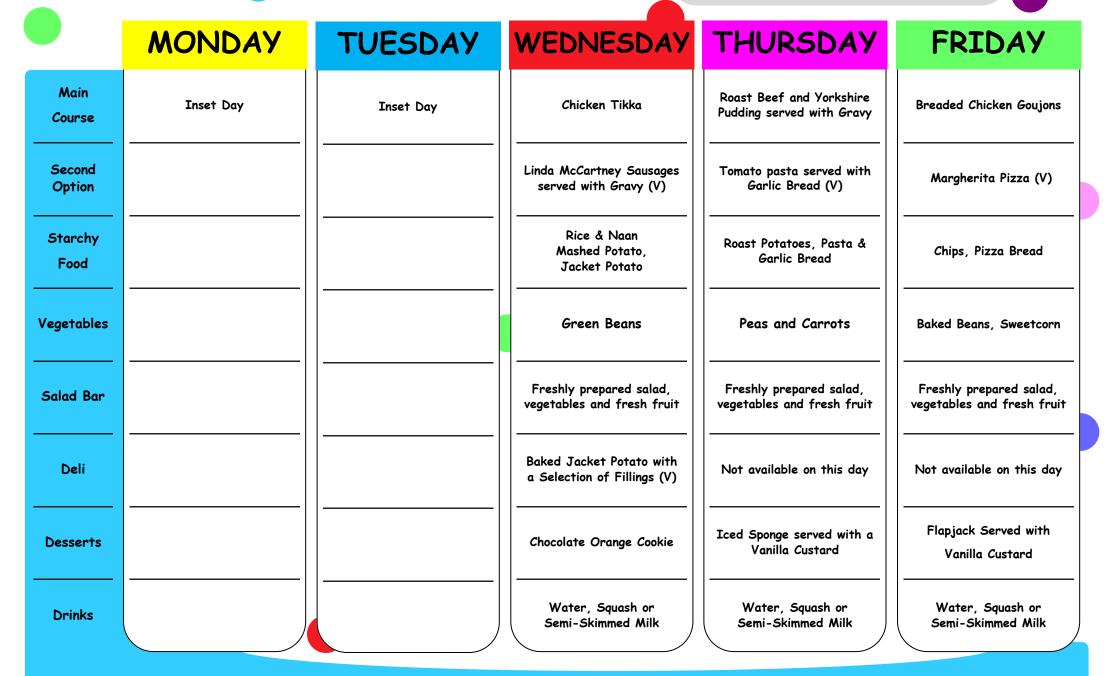
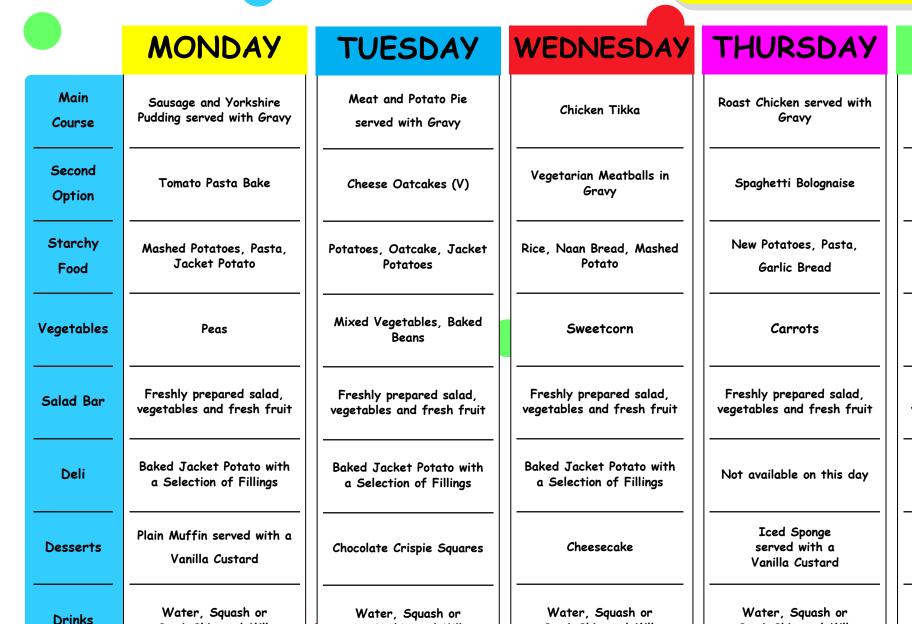
Menu Week 1 Week Commencing: 02/09/19



Semi-Skimmed Milk

Menu Week 2
Week Commencing:: 09/09/2019

Semi-Skimmed Milk



Semi-Skimmed Milk

Semi-Skimmed Milk

FRIDAY

Fish and chips

Margherita Pizza (V)

Chips, Pizza Bread

Mushy Peas, Baked Beans

Freshly prepared salad, vegetables and fresh fruit

Not available on this day

Chocolate Crunch served with Peppermint Custard

Water, Squash or Semi-Skimmed Milk

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Meatballs in a Tomato Sauce	Cottage Pie	Chicken Tikka	Roast Pork served with Gravy	Sausage
Second Option	Linda McCartney Sausages served with Gravy (V)	Cheese Oatcakes	Lasagne	Pasta with a tomato Sauce	Margherita Pizza (V)
Starchy Food	Pasta & Garlic Bread, Mashed Potato Jacket Potato	Seasonal Potatoes, Oatcake, Jacket Potato	Rice & Naan, Pasta, Jacket Potatoes	Roast Potatoes, Pasta	Chips, Pizza Bread
Vegetables	Baked Beans	Carrots or baked Beans	Sweetcorn	Selection of Seasonal Vegetables	Garden Peas or Baked Beans
Salad Bar	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Crudités and a Mixed Salad Bowl	Freshly prepared salad, vegetables and fresh fruit
Deli	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Not available on this day	Not available on this day
Desserts	Plain Muffin served with a Vanilla Custard	Jammy Shortbread Biscuits Served with a Vanilla Custard	Chocolate Cookies	Iced Sponge served with a Vanilla Custard	Shortcake served with a Vanilla Custard
Drinks	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Sausage and Yorkshire Pudding	Chicken and Ham Pie	Chicken Tikka	Roast Beef served with Gravy	Breaded Chicken Goujons
Second Option	Macaroni Cheese	Cheese Oatcakes	Linda McCartney Sausages	Cheese Pie	Margherita Pizza (V)
Starchy Food	Potato, Pasta	Seasonal Potatoes, Oatcake, Jacket Potato	Rice & Naan, Pasta, Jacket Potatoes	Potatoes	Chips, Pizza Bread
Vegetables	Broccoli	Carrots or baked Beans	Peas and Carrots	Green Beans	Baked Beans or Sweetcorn
Salad Bar	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Crudités and a Mixed Salad Bowl	Freshly prepared salad, vegetables and fresh fruit
Deli	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Not available on this day	Not available on this day
Desserts	Plain Muffin served with a Vanilla Custard	Cherry and Apple Crumble Served with Custard	Shortbread	Iced Sponge served with a Vanilla Custard	Flapjack Served with Vanilla Custard
Drinks	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk