

Knypersley First School

Menu Week 1
Week Commencing: 03/09/18

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Inset Day

Inset Day

Chicken Tikka

Roast Pork and stuffing served with Gravy

Breaded Chicken Goujons

Second Option

Linda McCartney Sausages served with Gravy (V)

Tomato pasta served with Garlic Bread (V)

Margherita Pizza (V)

Starchy Food

Rice & Naan Mashed Potato, Jacket Potato

Mashed Potatoes, Pasta & Garlic Bread

Chips, Pizza Bread

Vegetables

Green Beans

Peas and Carrots

Baked Beans, Sweetcorn

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Chocolate Orange Cookie

Iced Sponge served with a Vanilla Custard

Flapjack Served with Vanilla Custard

Drinks

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Knypersley First School

Menu Week 2
Week Commencing:: 10/09/2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Sausage and Yorkshire
Pudding served with Gravy

Meat and Potato Pie
served with Gravy

Chicken Tikka

Roast Chicken served with
Gravy

English Fish and chips

Second
Option

Cheese Pie

Cheese Oatcakes (V)

Vegetarian Meatballs in
Gravy

Spaghetti Bolognaise

Margherita Pizza (V)

Starchy
Food

Mashed Potatoes, Oatcake,
Jacket Potato

Potatoes, Jacked Potatoes

Rice, Naan Bread, Mashed
Potato

New Potatoes, Pasta,
Garlic Bread

Chips, Pizza Bread

Vegetables

Peas or Baked Beans

Mixed Vegetables, Baked
Beans

Carrots

Sweetcorn and peas

Mushy Peas,
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings

Baked Jacket Potato with
a Selection of Fillings

Baked Jacket Potato with
a Selection of Fillings

Not available on this day

Not available on this day

Desserts

Plain Muffin served with a
Vanilla Custard

Chocolate Crispie Squares

Strawberry Mousse

Iced Sponge
served with a
Vanilla Custard

Chocolate Crunch served
with Peppermint Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Knypersley First School

Menu Week 3
Week Commencing 17/09/2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Meatballs in a Tomato
Sauce

Cottage Pie

Chicken Tikka

Roast Beef served with
Gravy

Fishcakes

Second
Option

Linda McCartney Sausages
served with Gravy (V)

Cheese Oatcakes

Lasagne

Chicken Arrabiata

Margherita Pizza (V)

Starchy
Food

Pasta & Garlic Bread,
Mashed Potato
Jacket Potato

Seasonal Potatoes,
Oatcake, Jacket Potato

Rice & Naan, Pasta,
Jacket Potatoes

Roast Potatoes, Potato
Wedges, Jacket Potato

Chips, Pizza Bread

Vegetables

Baked Beans

Carrots or baked Beans

Sweetcorn and Peas

Selection of Seasonal
Vegetables

Garden Peas or
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Crudités and a Mixed
Salad Bowl

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Plain Muffin served with a
Vanilla Custard

Jammy Shortbread
Biscuits Served with a

Flavoured Jelly

Iced Sponge served with a
Vanilla Custard

Shortcake served with a
Vanilla Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk