

First Schools Autumn Menu 2017

Week Commencing: 04/09/2017, 25/09/2017, 16/10/2017

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Wallace & Gromit Pasta with Chicken in a Rich Tomato and Basil Sauce served with Garlic Bread	Pork Sausage served with Herby Potatoes, Baked Beans or Garden Peas	Love Joe's Chicken Korma served with Rice & Naan	Roast of the Day served with Roast Potatoes and a Seasonal Vegetable	Battered Chicken Chunks served with Chips and Baked Beans or Garden Peas
Vegetarian	Cheese Lattice served with New Potatoes, Baked Beans or Sweetcorn	Vegetable Lasagne served with Garlic Bread and Garden Peas	Linda McCartney Sausages served with Mash Potato, Sweetcorn and Gravy	Wallace & Gromit Pasta served in a Cheesy Sauce served with Garlic Bread and Garden Peas	Margherita Pizza Served with Baked Beans or Garden Peas
Deli	Choice of Sandwich with Squash Carton, Dessert of the Day and Fruit Pot available Monday and Wednesday Baked Jacket Potatoes with a Choice of Fillings on Tuesday				
Desserts	Chocolate Sponge served with a Chocolate Sauce	Sweet Waffle served with Syrup and a Vanilla Ice-cream	Rainbow Shortbread served with a Vanilla Custard	Iced Sponge served with a Vanilla Custard	Flapjack served with a Vanilla Custard
Daily	Fruit Squash, Water, Milk, Salad, Bread, Seasonal Fruit Bowls, Fruit Pots, Yoghurts, Ice Cream Tubs and Cheese & Biscuits				

Week Commencing: 11/09/2017, 02/10/2017

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Wallace & Gromit Pasta in a Bolognese Sauce served with Garlic Bread	Pizza Chicken served with Potato Wedges and Garden Peas	Love Joe's Chicken Korma served with Rice & Naan	Roast of the Day served with Roast Potatoes and a Seasonal Vegetable	Breaded Fish Stars served with Chips and Baked Beans or Garden Peas
Vegetarian	Cheese Lattice served with New Potatoes, Baked Beans or Sweetcorn	Vegetable Lasagne served with Garlic Bread and Garden Peas	Linda McCartney Sausages served with Mash Potato, Sweetcorn and Gravy	Wallace & Gromit Pasta served in a Cheesy Sauce served with Garlic Bread and Garden Peas	Margherita Pizza Served with Baked Beans or Garden Peas
Deli	Choice of Sandwich with Squash Carton, Dessert of the Day and Fruit Pot available Monday and Wednesday Baked Jacket Potatoes with a Choice of Fillings on Tuesday				
Desserts	Syrup Sponge served with a Vanilla Custard	Chocolate Crunch served with a Peppermint Sauce	Raspberry Bun served with a Vanilla Custard	Iced Sponge served with a Vanilla Custard	Plain Muffin served with a Vanilla Custard
Daily	Fruit Squash, Water, Milk, Salad, Bread, Seasonal Fruit Bowls, Fruit Pots, Yoghurts, Ice Cream Tubs and Cheese & Biscuits				

Week Commencing: 18/09/2017, 09/10/2017

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Wallace & Gromit Pasta with Pork Meatballs in a Rich Tomato and Paprika Sauce served with Garlic Bread	Chicken Goujons served with Herby Potatoes, Baked Beans or Garden Peas	Love Joe's Chicken Korma served with Rice & Naan	Roast of the Day served with Roast Potatoes and a Seasonal Vegetable	Battered Salmon Fillet served with Chips and Baked Beans or Garden Peas
Vegetarian	Cheese Lattice served with New Potatoes, Baked Beans or Sweetcorn	Vegetable Lasagne served with Garlic Bread and Garden Peas	Linda McCartney Sausages served with Mash Potato, Sweetcorn and Gravy	Wallace & Gromit Pasta served in a Cheesy Sauce served with Garlic Bread and Garden Peas	Margherita Pizza Served with Baked Beans or Garden Peas
Deli	Choice of Sandwich with Squash Carton, Dessert of the Day and Fruit Pot available Monday and Wednesday Baked Jacket Potatoes with a Choice of Fillings on Tuesday				
Desserts	Jam Sponge served with a Vanilla Custard	Flapjack served with a Vanilla Custard	Shortbread Rounds served with a Raspberry Sauce	Iced Sponge Served with a Vanilla Custard	Chocolate Muffin served with a Vanilla Custard
Daily	Fruit Squash, Water, Milk, Salad, Bread, Seasonal Fruit Bowls, Fruit Pots, Yoghurts, Ice Cream Tubs and Cheese & Biscuits				

The menu is subject to change to reflect availability and promotional days