

Dairy Free

Menu Week 1
Week Commencing: 04/02/19

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Cottage Pie

Chicken Tikka

Roast Pork and Yorkshire Pudding

Breaded Chicken Goujons

Second Option

Tomato Pasta

Linda McCartney Sausages served with Gravy (V)

Starchy Food

Jacket Potatoes, Pasta,

Mashed Potato, Jacket Potato

Rice, Naan Bread, Potatoes

Roasted Potatoes

Chips

Vegetables

Beans

Country Mix Vegetable

Green Beans

Baked Beans, Sweetcorn

Baked Beans or Sweetcorn

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Drinks

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Dairy Free

Menu Week 2
Week Commencing: 11/02/19

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Sausage and Yorkshire
Pudding served with Gravy

Pasta with a Tomato Sauce

Chicken Tikka

Roast Chicken served with
Gravy

Meat and Potato Pie
served with Gravy

Second
Option

Starchy
Food

Mashed Potatoes, Jacket
Potato

Potatoes, Jacket Potatoes,
Oatcakes

Rice, Naan Bread,
Potatoes

New Potatoes, Pasta,
Garlic Bread

Chips

Vegetables

Peas and Sweetcorn

Mixed Vegetables, Baked
Beans

Green Beans

Carrots

Mushy Peas,
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings

Baked Jacket Potato with
a Selection of Fillings

Baked Jacket Potato with
a Selection of Fillings

Not available on this day

Not available on this day

Desserts

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Dairy Free

Menu Week 3
Week Commencing: 25/02/2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Inset Day

Chicken and Vegetable Pie

Chicken Tikka

Roast Pork served with
Gravy

Breaded Chicken Breast

Second
Option

Linda McCartney Sausages
served with Gravy (V)

Pasta served with a
Tomato Sauce

Starchy
Food

Seasonal Potatoes,
Oatcake, Jacket Potato

Rice & Naan
Potatoes

Pastry, Pasta

Chips, Pasta

Vegetables

Carrots or baked Beans

Sweetcorn and Peas

Baked Beans

Garden Peas or
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Dairy Free

Menu Week 3
Week Commencing: 04/03/2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Sausage

Chicken and Vegetable Pie
served with Gravy

Chicken Tikka

Roast Beef served with
Gravy

Fish and Chips

Second
Option

Tuna Pasta Bake

Vegetarian Meatballs in
Gravy

Spaghetti Bolognaise

Starchy
Food

Mashed Potato, Jacket
Potatoes

Seasonal Potatoes,
Oatcake, Jacket Potato

Rice, Naan Bread, Mashed
Potato

New Potatoes, Pasta,
Garlic Bread

Chips

Vegetables

Peas

Carrots or baked Beans

Sweetcorn and peas

Carrots

Mushy Peas,
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

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Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk