

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course		Cottage Pie	Chicken Tikka	Roast Pork and Yorkshire Pudding	Breaded Chicken Goujons
Second Option	Tomato Pasta		Linda McCartney Sausages served with Gravy (V)		
Starchy Food	Jacket Potatoes, Pasta,	Mashed Potato, Jacket Potato	Rice, Naan Bread, Potatoes	Roasted Potatoes	Chips
Vegetables	Beans	Country Mix Vegetable	Green Beans	Baked Beans, Sweetcorn	Baked Beans or Sweetcorn
Salad Bar	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit
Deli 	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Not available on this day	Not available on this day
Desserts	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Drinks	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk



Menu Week 2 Week Commencing: 11/02/19

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Sausage and Yorkshire Pudding served with Gravy	Pasta with a Tomato Sauce	Chicken Tikka	Roast Chicken served with Gravy	Meat and Potato Pie served with Gravy
Second Option			Vegetarian Meatballs in Gravy	Spaghetti Bolognaise	
Starchy Food	Mashed Potatoes, Jacket Potato	Potatoes, Jacked Potatoes, Oatcakes	Rice, Naan Bread, Potatoes	New Potatoes, Pasta, Garlic Bread	Chips
Vegetables	Peas and Sweetcorn	Mixed Vegetables, Baked Beans	Green Beans	Carrots	Mushy Peas, Baked Beans
Salad Bar	Freshly prepared salad, vegetables and fresh fruit				
Deli	Baked Jacket Potato with a Selection of Fillings	Baked Jacket Potato with a Selection of Fillings	Baked Jacket Potato with a Selection of Fillings	Not available on this day	Not available on this day
Desserts 	Dessert of the Day				
Drinks	Water, Squash or Semi-Skimmed Milk				



Menu Week 3 Week Commencing: 25/02/2019

	airy Free		Week Commencing: 25/02/2019	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Inset Day	Chicken and Vegetable Pie	Chicken Tikka	Roast Pork served with Gravy	Breaded Chicken Breast
		Linda McCartney Sausages served with Gravy (V)		Pasta served with a Tomato Sauce
	Seasonal Potatoes, Oatcake, Jacket Potato	Rice & Naan Potatoes	Pastry, Pasta	Chips, Pasta
	Carrots or baked Beans	Sweetcorn and Peas	Baked Beans	Garden Peas or Baked Beans
	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit

Dessert of the Day

Water, Squash or

Semi-Skimmed Milk

Not available on this day Not available on this day

Dessert of the Day

Water, Squash or Semi-Skimmed Milk

Dessert of the Day

Water, Squash or

Semi-Skimmed Milk

Baked Jacket Potato with

a Selection of Fillings (V)

Water, Squash or

Semi-Skimmed Milk

Baked Jacket Potato with

a Selection of Fillings (V)

Dessert of the Day

Drinks

Desserts

Main

Course

Second

Option

Starchy

Food

Vegetables

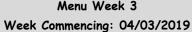
Salad Bar

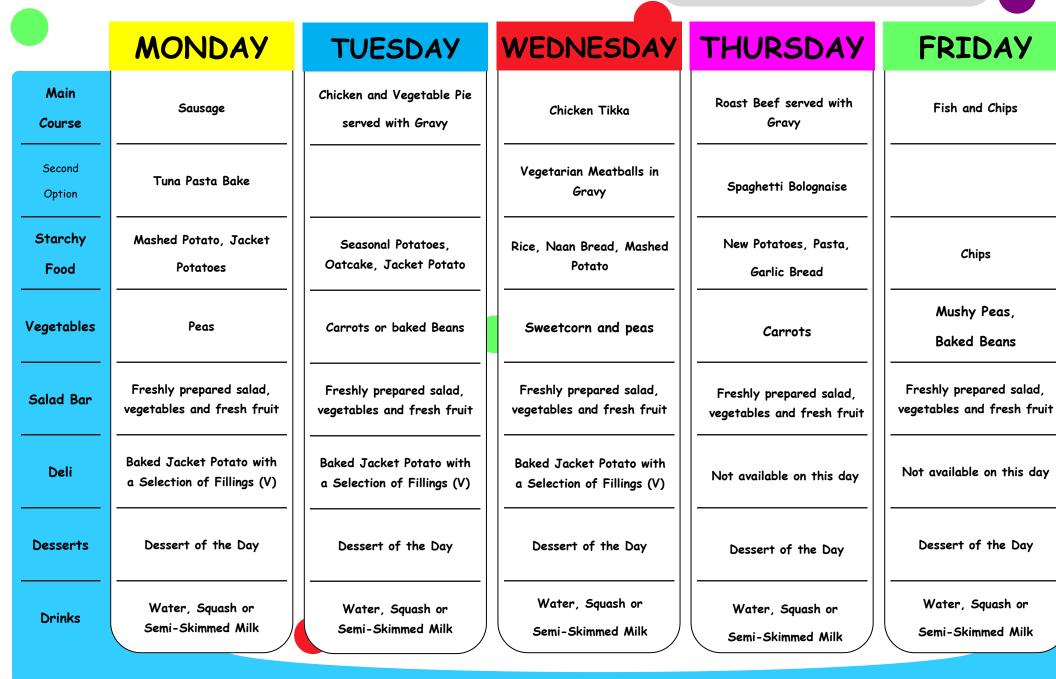
Deli



Dairy Free

Menu Week 3





FRIDAY

Fish and Chips

Chips

Mushy Peas, **Baked Beans**

Freshly prepared salad,

Not available on this day

Dessert of the Day

Water, Squash or Semi-Skimmed Milk