Menu Week 1 Week Commencing: 29.04.19

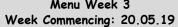
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course		Cottage Pie	Chicken Tikka	Roast Pork and Yorkshire Pudding	Breaded Chicken Goujons
Second Option	Tomato Pasta		Linda McCartney Sausages served with Gravy (V)		
Starchy Food	Pasta Jacket Potatoes	Mashed Potato, Jacket Potato	Rice, Naan Bread, Potatoes	Roasted Potatoes	Chips
Vegetables	Beans	Country Mix Vegetable	Green Beans	Baked Beans, Peas	Baked Beans or Sweetcorn
Salad Bar	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit
Deli	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Not available on this day	Not available on this day
Desserts	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Drinks	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk

Menu Week 2 Week Commencing: 06.05.19

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	May Day	Meat and Potato Pie served with Gravy	Chicken Tikka	Roast Chicken served with Gravy	Fishcake
Second Option			Vegetarian Meatballs in Gravy	Spaghetti Bolognaise	
Starchy Food		Potatoes, Jacked Potatoes, Oatcakes	Rice, Naan Bread, Potatoes	New Potatoes, Pasta, Garlic Bread	Chips
Vegetables		Mixed Vegetables, Baked Beans	Green Beans	Carrots	Mushy Peas, Baked Beans
Salad Bar		Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit
Deli		Baked Jacket Potato with a Selection of Fillings	Baked Jacket Potato with a Selection of Fillings	Not available on this day	Not available on this day
Desserts		Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Drinks		Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk

Menu Week 3 Week Commencing: 13.05.2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Sausage and Yorkshire Pud- ding	Meatballs in a Tomato Sauce	Chicken Tikka	Roast Pork served with Gravy	Breaded Chicken Breast
Second Option			Linda McCartney Sausages served with Gravy (V)		Pasta served with a Tomato Sauce
Starchy Food	Mashed potato	Jacket Potato	Rice & Naan Potatoes	Pastry, Pasta	Chips, Pasta
Vegetables	Broccoli	Carrots or baked Beans	Sweetcorn and Peas	Baked Beans	Garden Peas or Baked Beans
Salad Bar	Freshly prepared salad, veg- etables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit
Deli	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Not available on this day	Not available on this day
Desserts 	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Drinks	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Meatballs in Gravy	Chicken and Ham Pie served with Gravy	Chicken Tikka	Roast Beef served with  Gravy	Fish and Chips
Second Option			Vegetarian Meatballs in Gravy	Spaghetti Bolognaise	
Starchy Food	Mashed Potato, Jacket Potatoes	Seasonal Potatoes, Jacket Potato	Rice, Naan Bread, Mashed Potato	New Potatoes, Pasta,  Garlic Bread	Chips
Vegetables 	Peas	Carrots or baked Beans	Sweetcorn and peas	Carrots	Mushy Peas, Baked Beans
Salad Bar	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit
Deli	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)	Not available on this day	Not available on this day
Desserts	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Drinks	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk